

2016 *Declutter Challenge*

Checklist For *December*

Holiday Items and Décor

With so much going on around the holidays, it's wise not to expect too much of yourself when it comes to clutter-clearing. That said, with all of the new gifts coming in, it does make sense to do some paring back to preserve balance in the house.

- Give away holiday ornaments and decor that you did not use this year, or that you no longer love
- Toss broken ornaments and strands of lights that no longer work
- Exchange or give away gifts you received but know you will never use, and do not like — don't keep things out of guilt.

Habit to cultivate: Tell friends and family who ask (in advance of the holidays) that you and your family would prefer gifts that are experiential or edible. Most people honestly want to give you something you will like, and are happy for the guidance.



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