

EDIBLE PAINT

Recipe For
April 2016

EASY POPCORN CHICKEN

PREP TIME: 5 MINUTES
COOK TIME: 4 MINUTES
SERVING SIZE: 2 PIECES OF CHICKEN
YIELD: 4 SERVINGS

INGREDIENTS

3 chicken breasts, cut into 1 1/2" chunks	1/2 teaspoon garlic powder
3/4 cup milk	Pinch of salt
Dash of hot sauce	Pinch of pepper
1 cup of flour	Oil for frying
1/4 teaspoon paprika	Season salt

DIRECTIONS

Place the chicken in the milk and toss to coat. In a separate bowl add the flour and seasonings, and dredge each chicken piece. Heat the oil to medium heat (350) and fry a few pieces at a time for 34 minutes, turning occasionally. Drain on a paper towel and lightly sprinkle with season salt.

NOTES

You can change up the seasonings to your own taste, add less or more hot sauce, etc.



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Recipe Source: Oh Sweet Basil